

Education 104 Section 1: Academic Recovery

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Course Description:

This is a graded, semester-long course designed to give you the tools to help you get into good academic standing. We will discuss campus resources and study strategies to help improve your academic habits. This is a workshop course, so attendance is crucial. I expect you will participate in all class activities as well as think, reflect, write, and share your insights. This course offers you the opportunity to think about how you learn best and then apply that knowledge to your educational plan.

Meeting Times:

Mondays at 11:00 to 11:50 in the Tutoring-Learning Center classroom (ALB 018F)

Student Learning Outcomes:

Upon successful completion of this course you will:

- Create educational goals and a plan to reach them
- Understand your personal obstacles to success
- Have a working knowledge of a variety of study strategies
- Apply time management techniques and study strategies to your own effective, academic plan
- Become a self-regulated learner

Accommodations:

If at any time you require accommodations due to learning or health issues, please speak with me and appropriate modifications or accommodations will be made to ensure that you have a positive and successful semester.

Community Rights and Responsibilities: UW-Stevens Point values a safe, honest, respectful, and inviting learning environment. In order to ensure that each student has the opportunity to succeed, a set of expectations has been developed for all students and instructors. This set of expectations is known as the *Community Rights and Responsibilities* document, and it is intended to help establish a positive living and learning environment at UWSP. For more information:

<http://www.uwsp.edu/dos/Pages/Academic-Misconduct.aspx>

Academic Integrity: Academic integrity is central to the mission of higher education in general and UWSP in particular. Academic dishonesty (cheating, plagiarism, etc.) is taken very seriously. Don't do it! The minimum penalty for a violation of academic integrity is a failure (zero) for the assignment. For more information, see the "Student Academic Standards and Disciplinary Procedures" section of the *Community Rights and Responsibilities* document, UWSP Chapter 14. This can be accessed by viewing page 11 of the document at: <http://www.uwsp.edu/dos/Documents/CommunityRights.pdf - page=11>.

Course requirements (to pass this class):

- 1. Attendance and Participation:** Engage yourself in the learning process. You will only get out of this class what you put in. You are allowed two absences. You must complete all homework assignments, regardless of your attendance. Some class meetings might be replaced with a required meeting with a peer consultant or tutor. You will be making these appointments based on your personal schedule.
- 2. Reflective Writing:** I'll be asking you to journal throughout the next 16 weeks. Journaling is a fantastic way to investigate your own thinking. Being aware of your own thought process, called metacognition, is one goal for this class. Journals that are completed satisfactorily are 300-500 words, typed, and show real thought into the topic. Reflections will be handed in via the Dropbox on Canvas. You must complete all the journal assignments, even if you have missed a class.
- 3. Assignments:** There will be some assignments that reflect the topic for that week. You are required to complete all the assignments, even if you have missed a class.
- 4. Final Essay:** Your final for this class will be a 2-3 page summary paper. I expect you to describe your educational plan in detail with specific references to what you've learned in this course. A separate assignment page will explain this final further.